



BBQ Beef or Pork

3 lb English Roast or Boneless Pork Butt (preferred) *
1 Cup Ketchup
1 1/2 Cup Water
1/2 t Chili Powder *
6 T Brown Sugar
2 T Lemon Juice *
2 T White Vinegar *
3 T Worcestershire Sauce *
1 T Oil. *Cube Meat and place everything into a pot and cook slowly on medium
low heat
for about 6 to 8 hours. Stirring occasionally.